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| Always wash your hands and wear gloves. | | | | |
| http://userfiles.steadyhealth.com/sites/steadyhealth.com/modules/infocenter/data/images/bloody_nose_causes.jpg | http://www.saga.co.uk/saga/media/Content%20Editors%20Library/Health/Editorial%20Pages/Health/Bandaged-ankle.jpg | http://static3.consumerreportscdn.org/content/dam/cro/products/steam_irons/overview_slides_steam_irons_tips.jpg | http://lookatmyhappyrainbow.com/wp-content/uploads/2012/03/Band-Aid.jpg | http://i.telegraph.co.uk/multimedia/archive/01415/bee_1415432c.jpg |
| Bloody Nose  What to do:   1. Sit down. 2. Lean forward. 3. Pinch the nose for 10 minutes.   Call the doctor after 20 minutes of bleeding. | Sprain  What to do:   1. **R**est. 2. **I**ce for swelling. 3. **C**ompress with bandage. 4. **E**levate. 5. Call the doctor right away. | Minor Burn  What to do:   1. Put the burn under cool water for 10 minutes. 2. Put on a clean bandage. 3. Go to the hospital for major burn. | Minor Cut or Scrape  What to do:   1. Put a sterile bandage on the cut or scrape. 2. Press to stop bleeding. 3. Wash with soap and water. 4. Put antibiotic ointment. 5. Put on a clean bandage. 6. Go to the doctor for a major cut or scrape. | Bee Sting  What to do:   1. Call 9-1-1 for an allergic reaction. 2. Remove the stinger. 3. Ice the area. 4. Keep it clean. |